



The Waters™ of Cheatham

A REHABILITATION & SKILLED NURSING CENTER

*Compassion, Comfort,
& Convenience*



Welcome to The Waters of Cheatham

We are proud to be an unparalleled provider of skilled nursing, subacute rehabilitation and long-term care in Ashland. In our spacious and welcoming environment, our dedicated staff of rehabilitation specialists provide attentive subacute and skilled nursing care.

Always available to tend to your needs, our dedicated staff members are committed to your well-being and comfort. Cheatham offers an array of services and amenities designed to enhance your stay: Private rooms with private bathrooms, complimentary wifi, outdoor courtyard, spacious lounges & common areas, transportation to physician appointments and an in-house beauty salon.

*Come experience the difference.
You won't find another...*



Learn more here!

Admissions may be pre-arranged.
For more information or to arrange a tour, call 615.792.4948.

THE WATERS OF CHEATHAM DOES NOT DISCRIMINATE AGAINST ANY PERSON ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, DISABILITY, OR AGE IN ADMISSION, TREATMENT OR PARTICIPATION IN ITS PROGRAMS, SERVICES AND ACTIVITIES.



2501 River Road, Ashland, TN 37015
P: 615.792.4948 F: 615.486.6477



Living Well

Our goal is to ensure that families have peace of mind knowing their loved one is safe and in good hands.

We understand the transition to a skilled nursing facility can be difficult for the resident and loved ones, whether for a short term rehabilitation stay or long-term care. Our team of professionals offers comprehensive healthcare services to meet the individualized needs of the resident, ranging from short-term rehabilitation services to caring for clinically-complex residents.



In Motion

Our individualized care plans and specialized treatment options benefit patients as they recover and get stronger. Whether for a short-term rehabilitative stay or long-term, restorative care, you'll see the progress a quality treatment program can provide.

Respite Care

Enjoy a temporary home away from home.

Our Respite Care program strives to offer complete, unconditional support for you and your family by providing short-term, temporary care to give you a break from the daily routine of caregiving. Whether you want to take a family vacation, or just a few days of time off, we can customize a schedule to meet you and your loved one's needs.



Activities of Daily Living (ADL)

Our ADL room provides an area for performing Instrumental Activities of Daily Living such as cooking and housekeeping tasks that are necessary for successful independent living. Ongoing assessments and interventions with our therapists assist our clients with a safe transition home.

Our Services Include:

- Cardiac Care
- Respiratory Care
- Diabetes Management
- Orthopedic Recovery
- Wound Management Including Wound Vac
- Bariatric Care
- Ostomy/Colostomy/Catheter Care & Training
- Therapeutic & Special Diets
- Tube Feeding
- Physical, Occupational and Speech Therapy

We Also Offer:

- Social Services
- Nutritional Services Supervised by a registered dietitian
- Assistance with Filing Insurance Claims (We accept Medicaid)
- Wound Care
- Respite Care
- Hospice Care
- Individual rooms

To schedule a tour today, call us at **(615) 792-4948**.

 **Follow Us!** @watersofcheatham